

## Participant comments

The truth is I have been missing the world, my family, pets, friends...food. The freedom I felt and love reminded me of being at home eating at the dinner table..."free". Oh, how long have I been digging up my past wrongs... 19 years every single day. This has been my saving grace.

Before the event, I was absolutely sure that Kairos was not for me. For the past four and a half years I was a Luciferian and wore an inverted pentagram. I was deeply into esoteric studies, enthralled with the occult and an avid follower of the left-hand path. The last thing I needed was a bunch of strangers reading the Bible to me and talking about God. Oh, how I was wrong. These complete strangers came into prison and were able to show us how much God really does love us. We ate together, prayed together, sang and danced together, and cried together. I rid myself of that pentagram and am now wearing the cross.

I was truly overwhelmed...

I have been broken and have never encountered God's love and power as I did these four days at Kairos. These were the best days of my life.

It was a weekend with fun, fellowship, and lots of food. We have found many things out about ourselves and each other which I know I will take with me the rest of my life.

God's special timing in my life, thank you for your support.

That banana pudding SPOKE to me! It made me think back to family meals at my grandmother's house.

Thank you for this gift of renewal and love that is greater than anything I have ever experienced!

I have made parole and am going to need much help upon release.

Words on paper cannot express my gratefulness for your blessings...

Man, where do I begin. This weekend was amazing. I have never in my life experienced anything like this before. The outpouring of love has really changed my life.

The cooks are amazing, because all of the food was delicious. The spiritual food was even more filling. This Kairos Ministry is a blessing to us men who thought that we were forgotten and not loved.

I cannot describe how it feels for what you have done for us. I know heaven is celebrating and every angel is singing songs of praise.

I know it was for everyone, but some of the talks and discussions seemed like they were directed at me. Agape love... from total strangers.

Sometimes people give without realizing the impact it will have... well let me tell you, in my group of six inmates two gave their lives to the Lord.

This is the first time I had visitation by anyone. The majority of my family lives in Minnesota.

I was a lost soul. My family abandoned me, I felt alone. During my Kairos walk our Lord helped me dig deeper into my soul.

I learned over the weekend that I was full of head knowledge, and not of the heart. Love is a word not often said and rarely felt her. The flood of emotions... over the last four days have truly been life changing.

You all have been a light to me on my path.

My life was a spiritual mess and because of the time and generosity afforded us, reminded us that people in the world still love us.

I had the greatest time of my life! It is better than going to Disney Land!

I learned three things that I will take with me my whole life:

1. I am loved by God foremost and I am loved by my Christian family
2. I am worthy of being forgiven
3. I am 6 foot 4 inches, 285 pounds, and I'll cry when I want to.

The thing I will remember most is the beautiful colorings from the kiddos. They made every meal so special

I've been incarcerated for 19 and ½ years and this was the greatest weekend of my time in prison.

I accepted Christ in my life for the first time in my life....this Kairos Weekend has been the most loving weekend I ever had in my 51 years living on Earth.